



Transformation Game

The Transformation Game is an intriguing way to look at your life and circumstances. It always begins by clarifying your purpose (for playing) and setting an intention.

Cards and process within the Game help to intuitively identify strengths and limitations, take opportunities to practice using free will and intuition, even create miracles and be of service. You may encounter and clarify what is behind the down or stuck times in your life and gain new insight into how to move forward

Formats available:

Transformation Game – Board Game for up to 4 each with individual focus, played over 1-2 days or even 3-4 hours (though in that case, the group often wants to extend their time). This can be for people who come together at random or they may already know each other. It's a great way to clarify intentions and the interaction in the group enhances the experience of opening to new realisations and understanding of the issues in focus

Group Game – Life size Game for groups of 12-20 over 1-2 days. Played on three levels - Overall focus, smaller group focus and individual intention. The format of this version gives small teams within the larger group the experience of cooperation and team dynamics. It can be useful as a teambuilding tool to gain insights and understandings of each other and recognise patterns and behaviours that enhance or detract from the intentions and goals within the group. Players who come together at random will also experience their part and patterns within the greater whole, open to new perspectives and appreciate the value of group interaction.

Frameworks Coaching Process – for individuals or groups 1-4 hours. Single or group intention with individual focus. The cards used in this process have been adapted for a business version of the Game.

This is a reflective process with some time for sharing in pairs and also for reflective writing. It provides an opportunity to identify strengths and limitations around a specific intention or goal and to commit to action steps for moving forward.

Facilitation

A facilitated Game takes you deeper than the rules in the box and allows for a more dynamic process. My role is to guide your process and clarify options.

I became an accredited facilitator of the Transformation Game in 1992 when I spent time in the Findhorn Foundation in Scotland, which is where the Game originated nearly 30 years ago. Check out these links: www.innerlinks.com www.findhorn.org

Since then I have facilitated the Transformation Game in many settings and formats and returned to Findhorn for further training.

I often work with groups who have a common purpose to help clarify intentions, highlight challenges and recognise strengths.