



# THE WOOLSHED

## *Retreats Price List*

### *Total Pampering Day*

9.30am - 4pm with a 90-minute  
massage, a cosy private cabin  
and a yummy lunch 220.00

*You can also add in a Life Coaching session,  
A Wheel of Segais Reading or Way-showing  
Labyrinth Walk. See prices below.*

*Day Retreat only with lunch* 80.00

### *Therapeutic or Relaxation Massage*

*(Massages available only on Tuesdays,  
Wednesdays, Thursdays and Saturdays)*

60-minute massage 90.00

90-minute massage 120.00

### *Life Coaching / Mentoring*

90-minute one-on-one session  
with follow-up 200.00

*(Two sessions are recommended)*

*Wheel of Segais Reading* 50.00

*Way-showing Labyrinth walk* 50.00

*Prices are GST inclusive and are effective from May 1, 2023*

*For all enquiries and Woolshed bookings,  
please contact Pamela Meekings-Stewart  
pamela@thewoolshed.com Ph 027 206 8876*